



# MEDIA INFORMATION

## WASHINGTON CAPITALS

### 2009 WASHINGTON CAPITALS DEVELOPMENT CAMP

**Kettler Capitals Iceplex • Arlington, Virginia  
July 12-18, 2009**



#### CAPITALS DEVELOPMENT CAMP NOTES

**What is it?** – Capitals development camp is an annual week-long summer session with on- and off-ice workouts designed to help Capitals prospects improve their games and allow the Capitals to evaluate their progress. Past development camps have been held in Odenton, Md., and Hershey, Pa.; this is the third straight year that it is being held at Kettler Capitals Iceplex.

All on-ice sessions, including the three intrasquad games, are free and open to the public.

**Who is invited?** – Attendees include Capitals prospects who are under contract and recent Capitals draft picks who have not been signed yet.

**Media information** – Head coach Bruce Boudreau and players will be made available to the media following the final on-ice session of each day. Players not in the group that is on the ice for the final session will be brought to the interview area upon request. Due to space constraints, the Capitals locker room is closed to the media for the duration of camp.

Please make player requests to a member of the Capitals' media relations staff:  
Kurt Kehl, VP of Communications, 202.266.2354, kkehl@washcaps.com  
Nate Ewell, Dir. of Media Relations, 202.266.2357, newell@washcaps.com  
Paul Rovnak, Mgr. of Media Relations, 202.266.2356, provnak@washcaps.com  
Kelly Murray, Communications Cord., 202-266-2310, kmurray@washcaps.com

#### CAMP STORYLINES

**First things first** – First-round draft picks in attendance this week are: Anton Gustafsson (2008), John Carlson (2008) and Joe Finley (2005).

**Making an impression** – Six players who attended last summer's development camp ended up playing for the Capitals in 2008-09. Karl Alzner (30 games), Simeon Varlamov (six regular season games and 13 playoff games), Jay Beagle (three regular season games and four playoff games), Michal Neuvirth (five games), Oskar Osala (two games) and Andrew Gordon (one game) all saw action in Washington last season after spending a week last summer at Kettler Capitals Iceplex.

#### CAMP SCHEDULE

##### **Sunday, July 12**

Players Arrive

##### **Monday, July 13**

10 a.m.: Group A on ice  
2:30 p.m.: Group B on ice  
Approx. 3:30 p.m.: Media availability

##### **Tuesday, July 14**

10 a.m.: Group B on ice  
12 p.m.: Group A on ice  
Approx. 1 p.m.: Media availability

##### **Wednesday, July 15**

10 a.m.: Group A on ice  
11:15 a.m.: Group B on ice  
3:30 p.m.: Intrasquad scrimmage  
Approx. 6 p.m.: Media availability

##### **Thursday, July 16**

10 a.m.: Group B on ice  
11:15 a.m.: Group A on ice  
3:30 p.m.: Intrasquad scrimmage  
Approx. 6 p.m.: Media availability

##### **Friday, July 17**

10 a.m.: Group A on ice  
11:45 a.m.: Group B on ice  
Approx. 1 p.m.: Media availability

##### **Saturday, July 18**

10:30 a.m.: Intrasquad scrimmage  
Approx. 1 p.m.: Media availability

## Washington Capitals 2008 Development Camp Guide

### NOTABLE PLAYERS BY GROUP

#### Group A

Joe Finley, Braden Holtby, Zach Miskovic, Mathieu Perreault

#### Group B

Francois Bouchard, John Carlson, Stefan Della Rovere, Anton Gustafsson

*Groups are subject to change on a daily basis*

**Ring it up** – Francois Bouchard, John Carlson and Mathieu Perreault played for Washington's AHL affiliate the Hershey Bears last season and helped the club with their 10th Calder Cup and second in the last four years. Braden Holtby practiced with the Bears throughout their playoff run. Josh Godfrey won a Kelly Cup in June with Washington's ECHL affiliate, the South Carolina Stingrays. Andrew Glass, who the Caps drafted in 2007, won the NCAA championship with Boston University at the Verizon Center in April. Stefan Della Rovere, who the Caps took in the seventh round of the 2008 draft, was a member of Canada's gold-medal winning World Junior Championship team.

**Lots of letters** – There is a lot of leadership in the dressing room this week. Ten of the camp attendees either wore a letter for their club last season or will wear one in the upcoming season.

**17 to 24** – Similar to an NHL roster, there is some age disparity between those attending camp this week. Recent draftee Garrett Mitchell (born Sept. 2, 1991) is 17 and is the youngest player this week. On the flip side is Zach Miskovic, who turned 24 on May 8 after finishing a four-year college career at St. Lawrence.

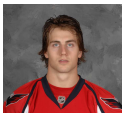
**Happy birthday** – Andrew Glass, who recently completed his freshman year at Boston University, will turn 20 on Tuesday of camp. Dmitri Orlov, who the Caps took in the second round of the 2009 draft, will celebrate his 18th birthday on July 23.

### EVERY PLAYER HAS A STORY



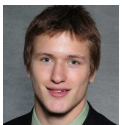
#### **Francois Bouchard – Selected by Washington in the second round, 35th overall in the 2006 NHL Draft**

Francois Bouchard, the younger brother of the Minnesota Wild's Pierre-Marc Bouchard, spent last season in Hershey where he recorded 35 points (15g-20) in 64 games. At last year's development camp, Bouchard dazzled the standing-room only crowd at the week's final scrimmage with a spectacular spin-o-rama shootout goal that quickly made its way onto YouTube. He also successfully used the move in Hershey this year. The move looked familiar, as it is the same one his brother has used successfully against Chicago and San Jose in NHL shootouts. You may think that Francois picked up the move from his older brother, but it is the other way around. After Pierre-Marc debuted the move in 2006 he was quick to credit Francois for coming up with the idea and showing it to him first.



#### **Joel Broda – Selected by Washington in the fifth round, 144th overall in the 2008 NHL Draft**

A natural scorer, Broda, who split last season between Moose Jaw and Calgary in the WHL, led the league with 53 goals in 67 games. He recorded 36 goals in 39 games with Moose Jaw before he was traded to Calgary, where he notched 17 goals in 28 games. One of his linemates in Calgary was Ian Schultz, who is the younger brother of Caps blueliner Jeff Schultz. Broda is also a distant relative to the late goaltending legend Walter "Turk" Broda, who won five Stanley Cups and two Vezina Trophies as a member of the Toronto Maple Leafs in the 1940s and '50s.



#### **Trevor Bruess – Signed with Washington as a free agent on March 20, 2009**

The Caps signed Bruess (pronounced BRISS), who was a free agent, this past March. Bruess spent the past three seasons with Minnesota State in the WCHA and was an assistant captain for the Mavericks in 2008-09. He had 12 goals, 17 points and 117 penalty minutes in 35 games last season, leading the team in penalty minutes and finishing tied for third in goals. He was a two-time recipient of MSU's Hardest Worker Award and his 117 penalty minutes last season represented 15% of the team's total (766 PIM). The signing of Bruess continues a trend in Washington, as the organization saw five former college free agents contribute at the NHL level last season: Jay Beagle, Sean Collins, Graham Mink, Brian Pothier and David Steckel.

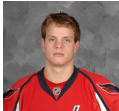


#### **Greg Burke – Selected by Washington in the sixth round, 174th overall in the 2008 NHL Draft**

Burke will join fellow Caps draftee Phil DeSimone at the University of New Hampshire in the fall. He spent this past season playing for the USHL's Cedar Rapids Roughriders, but was limited to only eight games because of an injury. Before he was injured Burke represented the United States at the World Junior A Challenge and had two points in five games, as the United States won the championship for the first time.

## Washington Capitals 2008 Development Camp Guide

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### **John Carlson – Selected by Washington in the first round, 27th overall in 2008 NHL Draft**

Carlson is a player who many pundits are predicting could end up in the NHL next year. The Caps selected him in the first round of the 2008 NHL Draft (27th overall) and he has been impressive ever since. Last year, he played in two preseason games for Washington and had two assists before being assigned to the OHL's London Knights. In London, playing for former Cap Dale Hunter, he tallied 76 points (16g-60) in 59 games and then racked up 22 points (7g-15a) in 14 playoff games. Carlson joined Hershey in the AHL playoffs once the Knights were eliminated from the OHL playoffs and contributed immediately. He saw significant ice time and had two goals and one assist in 16 games as Hershey went on to win the Calder Cup. Carlson has also been invited to the United States national junior evaluation camp, slated for Aug. 7-15 in Lake Placid, N.Y.



### **Benjamin Casavant – Selected by Washington in the seventh round, 205th overall in the 2009 NHL Draft**

Casavant is a high-scoring left wing from Prince Edward Island in the QMJHL and was the Caps' final selection in the 2009 NHL Draft. The 6'1", 213-pound forward had 39 goals and 41 assists (80 points) in 68 games last season. He led his team in goals and points and ranked seventh and 12th in the league, respectively, in those categories. Casavant spends a lot of time in front of the net banging in rebounds and making life miserable for opposing goaltenders.



### **Stefan Della Rovere – Selected by Washington in the seventh round, 204th overall in the 2008 NHL Draft**

Della Rovere is only 5'11" and 196 pounds, but before the World Junior Championship (WJC), The Hockey News described him as "Exactly the type of player other countries hate. True, he's got offensive skills, but more importantly he's a big hitter and will fight at the drop of a hat." Della Rovere, who the Caps stole in the seventh round of the 2008 NHL Draft, was a member of Canada's gold-medal winning team at the WJC and was also the captain of the Barrie Colts in the OHL. He had 51 (27g-24a) points in 57 games and racked up a staggering 146 penalty minutes. All of those numbers were up from his previous year with Barrie except for the penalty minutes. He had 171 PIMs in 2007-08, but also played 11 more games.



### **Phil DeSimone – Selected by Washington in the third round, 84th overall in the 2007 NHL Draft**

DeSimone is one of only 27 players to ever be named the USHL Player of the Year. DeSimone earned the honor after his 2006-07 season in Sioux City when he recorded 73 points (26g-47a) in 60 games. DeSimone, who will be a junior at the University of New Hampshire in the fall, is hoping to become the sixth former USHL Player of the Year to make it to the NHL. Previous recipients of the honor who played in the NHL include: 2005-06 winner Trevor Lewis (Los Angeles), 2002-03 winner Ryan Potulny (Philadelphia and Edmonton), 1999-00 winner Dan Ellis (Nashville), 1993-94 winner Jason Blake (Los Angeles, New York Islanders, Toronto) and 1991-92 winner Peter Ferraro (New York Rangers, Pittsburgh, Boston, Washington).



### **Dan Dunn – Selected by Washington in the sixth round, 154th overall in the 2007 NHL Draft**

At 6'5", 200 pounds, Dunn is a big goalie who takes up a large part of the net. He played in nine games – starting five – in his second season at St. Cloud State in 2008-09. Dunn went 2-4-1, but had a .904 save percentage and led the team with a 2.60 goals-against average. Dunn was the backup to junior Jase Weslosky, who was drafted by the New York Islanders in the fourth round of the 2006 NHL Draft.

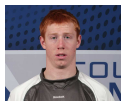
#### **Capitals Top 18 Prospects According to Hockeyfuture.com**

1. Karl Alzner
2. Simeon Varlamov
3. John Carlson\*
4. Anton Gustafsson\*
5. Oskar Osala
6. Michal Neuvirth
7. Chris Bourque
8. Francois Bouchard\*
9. Mathieu Perreault\*
10. Dmitri Kugryshev\*
11. Joe Finley\*
12. Keith Seabrook
13. Joel Broda\*
14. Andrew Gordon
15. Stefan Della Rovere\*
16. Eric Mestery\*
17. Braden Holtby\*
18. Josh Godfrey\*

\* Attending development camp;  
compiled prior to 2009 NHL Draft

## Washington Capitals 2008 Development Camp Guide

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### **Cody Eakin – Selected by Washington in the third round, 85th overall in the 2009 NHL Draft**

Eakin is a tremendous skater and had 48 points (24g-24a) in 54 games with the Swift Current Broncos in the WHL last season. His stock skyrocketed after he was invited to the CHL-NHL Top Prospects Game last January. He played on the wing next to No. 1 pick John Tavares and did not disappoint. Eakin scored two goals and was +2 en route to being named his team's most outstanding player. Alex Ovechkin is his favorite player and after being drafted by Washington, Eakin said, "They're amazing guys to watch. I watch the Capitals all the time, especially in the playoffs. They had a great run. You can't say anything more about that team that hasn't already been said. They have an unbelievable organization and I'm super-excited for it."



### **Joe Finley – Selected by Washington in the first round, 27th overall in the 2005 NHL Draft**

The biggest prospect at camp this week, the Edina, Minn., native is a towering 6'7" and weighs 240 pounds and recently completed his college career at North Dakota. His was limited to only 27 games during his senior season because of injury, but helped lead the Fighting Sioux to the Frozen Four during each of his first three years. Finley played 154 games with North Dakota during his career and had seven goals and 25 assists. He was a team-leading +66 during his four years and displayed a bit of a mean streak as well; his 303 career penalty minutes rank sixth in school history.



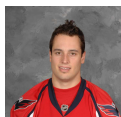
### **Brett Flemming – Selected by Washington in the fifth round, 145th overall in the 2009 NHL Draft**

Flemming is a defenseman that plays hard every shift and had 28 points (3g-25a) in 64 games for Mississauga St. Michael's Majors in the OHL. He also racked up 89 penalty minutes and is not afraid to drop the gloves as well, evidenced by his four fights last season. Flemming's OHL squad met fellow gritty camp attendee Stefan Della Rovere's Barrie Colts in the first round of the OHL playoffs. Flemming got the best of Della Rovere, as Mississauga won Game 5 in three overtimes and overcame a three-goal deficit to eliminate Barrie.



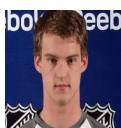
### **Andrew Glass – Selected by Washington in the seventh round, 199th overall in the 2007 NHL Draft**

You will not find a more unique draft story than the one that Glass has to offer. He was taking a water break in his truck from his self-owned Nobel and Greenlawn Landscaping company when the Caps called him two years ago to let him know he was drafted. Glass will be a sophomore in the fall at Boston University and was a member of the Terrier team that won the national title last season at Verizon Center. This is the third Capitals development camp for Glass, so he knows what to expect and knows what is expected of him. He said this after camp last year: "Each game I feel I got better, and used the experience to talk to the coaches and learn what I need to work on to get better. The camp was a perfect way to start off the summer in preparing for this year at BU."



### **Josh Godfrey – Selected by Washington in the second round, 34th overall in 2007 NHL Draft**

Godfrey is an offensive defenseman with a booming shot from the point. He was hampered by an injury this past season, but tallied six assists in 13 games with Hershey. He spent most the season with South Carolina and had 25 points (5g-10a) in 37 games. He added a goal, three assists and 13 shots in six Kelly Cup playoff games. He played in one playoff game against Cincinnati (scored a goal) and then returned to the lineup for five games against Alaska in the Kelly Cup finals. He had three assists in the finals, as South Carolina won the Kelly Cup. Godfrey was also a teammate of Karl Alzner on Canada's 2008 gold-medal winning team.



### **Anton Gustafsson – Selected by Washington in the first round, 21st overall in the 2008 NHL Draft**

This is the first real look Caps management and fans will get of Anton Gustafsson after the team selected him in the first round of the 2008 NHL Draft. The son of Caps' legend Bengt Gustafsson attended last year's development camp but was limited in his participation because of a back injury. The Swedish pivot tallied six goals and four assists in 25 games last season for Bofors IK in Sweden.



### **Jake Hauswirth – Signed with Washington as a free agent on May 26, 2009**

Hauswirth could be the poster boy for development camp. He was a relative unknown last year when he was invited to attend the Caps' summer development camp and now he is under a three-year contract with the club. The 6'5", 210-pound forward was phenomenal at camp last year and then registered 52 points (28g-24a) in 58 games with Omaha in the USHL. He won an USHL championship with Omaha in 2007-08.

## Washington Capitals 2008 Development Camp Guide

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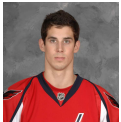
### **Braden Holtby – Selected by Washington in the fourth round, 93rd overall in the 2008 NHL Draft**

Holtby played in 61 of 72 games for the Saskatoon Blades in the WHL last season, leading the league in games played for a goalie. He was one of only two goalies to record 40 or more wins and finished the season with a 40-16-2-2 record. Holtby finished tied for third in the league with six shutouts, seventh with a .910 save percentage and eighth with a 2.62 goals-against average. After Saskatoon was eliminated from the WHL playoffs, Holtby went to Hershey where he practiced with the Bears. Holtby could see even a more prominent role in Hershey next season.



### **Dmitry Kugryshev – Selected by Washington in the second round, 58th overall in the 2008 NHL Draft**

Kugryshev is another Russian added to the Washington fold after being drafted in 2008. He spent last season playing for the Quebec Ramparts in the QMJHL and was the top-scoring rookie in the league with 74 points (34g-40a). He was also a member of the Russian junior national team that placed third at the World Junior Championship in Ottawa. In addition to having good hands on the ice, Kugryshev is also adept with a computer as he maintains his own blog (sporadically) at <http://www.icedaily.com/action/blogsByPlayer?id=37>.



### **Eric Mestery – Selected by Washington in the second round, 57th overall in the 2008 NHL Draft**

Mestery is a tall, lanky stay-at-home defenseman who split last season between the Tri-City Americans and the Lethbridge Hurricanes in the WHL. He had six assists and only 10 penalty minutes in 16 games for the Americans and 12 points (1g-11a) and 30 penalty minutes for the Hurricanes.



### **Zach Miskovic – Signed with Washington as a free agent on March 25, 2009**

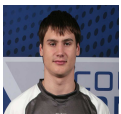
Miskovic, an ironman, did not miss one game during his four-year college career at St. Lawrence. While Mike Green was leading NHL defensemen in goals with 31, Miskovic did the same at the NCAA level with his 16 goals – eight more than any other defenseman on his team and two more than any other rearguard in Division I. A first-team All-American who played lacrosse prior to college, Miskovic had four game-winning goals and was tied for the team lead in goals.



### **Garrett Mitchell – Selected by Washington in the sixth round, 175th overall in the 2009 NHL Draft**

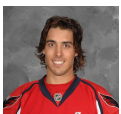
Mitchell is from Regina, Saskatchewan, and played for the hometown Regina Pats of the WHL. He had 10 goals and five assists (15 points) in 71 games this season. He also had 140 penalty minutes, many coming from 14 fighting majors. One of those fights, on Oct. 29, was against fellow camp attendee Joel Broda. Mitchell is a 5'11", 180-pound sparkplug who also happens to be the youngest player at development camp. Mitchell will not turn 18 until

Sept. 2.



### **Dmitri Orlov – Selected by Washington in the second round, 55th overall in the 2009 NHL Draft**

Orlov is the sixth Russian that the Capitals have selected since 2004. The defenseman played in 16 games for his hometown team, Novokuznetsk, in the Continental Hockey League this season, the top league in Russia. Orlov also participated in the 2009 Under-18 World Championship and was named one of Russia's top three performers.



### **Mathieu Perrault – Selected by Washington in the sixth round, 177th overall in the 2006 NHL Draft**

After leading the QMJHL with 114 points in 2007-08, Perrault spent his first full season in the AHL last year with Hershey. He had a productive campaign, producing 50 points (11g-39a) in 77 games as he centered a line that featured fellow prospects Oskar Osala and Francois Bouchard for most of the year. He led Hershey rookies in points and was tied for 10th in the league. Perrault, who is the shortest and lightest player here this week, saw action in

21 Calder Cup playoff games for the Bears and tallied two goals and six assists.



### **Patrick Wey – Selected by Washington in the fourth round, 115th overall in the 2009 NHL Draft**

Wey is a 6'3", 203-pound defenseman who played for Waterloo in the USHL last season. He is the second USHL blueliner (John Carlson is the other) that the Caps have selected in the past two years. He had seven goals and 27 assists in 58 games last season and was the USHL's seventh-leading scorer among defensemen. Wey, who hails from Pittsburgh, Pa., will play his collegiate hockey at perennial power Boston College next season under head coach Jerry York (George McPhee's coach in college at Bowling Green).

# Washington Capitals

## 2008 Development Camp Guide

### NUMERICAL ROSTER OF CAPITALS PROSPECTS AT CAMP

No.	Name	Pos.	Ht.	Wt.	Birthdate	2008-09 Team	Acquired
22	Brett Flemming	D	6'0"	172	2/26/91	Mississauga (OHL)	Draft '09
36	Francois Bouchard	RW	6'0"	180	4/26/88	Hershey (AHL)	Draft '06
45	Zach Miskovic	D	6'1"	195	5/8/85	St. Lawrence (NCAA)	Signed as free agent
50	Cody Eakin	C	5'11"	176	5/24/91	Swift Current (WHL)	Draft '09
54	Greg Burke	LW	6'2"	190	5/1/90	Cedar Rapids (USHL)	Draft '08
59	Joe Finley	D	6'7"	240	6/29/87	North Dakota (NCAA)	Draft '05
65	Andrew Glass	LW	5'11"	180	7/14/89	Boston University (NCAA)	Draft '07
67	Benjamin Casavant	LW	6'1"	213	1/21/91	P.E.I. (QMJHL)	Draft '09
70	Braden Holtby	G	6'1"	202	9/16/89	Saskatoon (WHL)	Draft '08
73	Josh Godfrey	D	6'1"	202	1/15/88	South Carolina (ECHL)/Hershey (AHL)	Draft '07
74	John Carlson	D	6'2"	218	1/10/90	London (OHL)/Hershey (AHL)	Draft '08
75	Phil DeSimone	C	6'0"	195	3/19/87	New Hampshire (NCAA)	Draft '07
76	Garrett Mitchell	RW	5'10"	180	9/2/91	Regina (WHL)	Draft '09
77	Jake Hauswirth	C	6'5"	210	2/16/89	Omaha (USHL)	Signed as a free agent
78	Patrick Wey	D	6'3"	203	3/21/91	Waterloo (USHL)	Draft '09
79	Joel Broda	C	6'1"	200	11/24/89	Moose Jaw (WHL)/Calgary (WHL)	Draft '08
80	Dan Dunn	G	6'5"	200	6/20/88	St. Cloud State (NCAA)	Draft '07
81	Dmitri Orlov	D	6'0"	197	7/23/91	Novokuznetsk (KHL)	Draft '09
84	Stefan Della Rovere	LW	5'11"	196	2/25/90	Barrie (OHL)	Draft '08
85	Mathieu Perreault	C	5'9"	165	1/5/88	Hershey (AHL)	Draft '06
86	Eric Mestery	D	6'5"	196	5/28/90	Tri-City (WHL)/Lethbridge (WHL)	Draft '08
88	Trevor Bruess	C	6'0"	192	1/6/86	Minnesota State (NCAA)	Signed as a free agent
93	Dmitry Kugryshev	RW	5'11"	185	1/18/90	Quebec (QMJHL)	Draft '08
94	Anton Gustafsson	C	6'2"	194	2/25/90	Bofors IK (Sweden)	Draft '08

### ALPHABETICAL ROSTER OF CAPITALS PROSPECTS AT CAMP

No.	Name	Pos.	Ht.	Wt.	Birthdate	2008-09 Team	Acquired
36	Francois Bouchard	RW	6'0"	180	4/26/88	Hershey (AHL)	Draft '06
79	Joel Broda	C	6'1"	200	11/24/89	Moose Jaw (WHL)/Calgary (WHL)	Draft '08
88	Trevor Bruess	C	6'0"	192	1/6/86	Minnesota State (NCAA)	Signed as a free agent
54	Greg Burke	LW	6'2"	190	5/1/90	Cedar Rapids (USHL)	Draft '08
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84	Stefan Della Rovere	LW	5'11"	196	2/25/90	Barrie (OHL)	Draft '08
75	Phil DeSimone	C	6'0"	195	3/19/87	New Hampshire (NCAA)	Draft '07
80	Dan Dunn	G	6'5"	200	6/20/88	St. Cloud State (NCAA)	Draft '07
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85	Mathieu Perreault	C	5'9"	165	1/5/88	Hershey (AHL)	Draft '06
78	Patrick Wey	D	6'3"	203	3/21/91	Waterloo (USHL)	Draft '09